

**St. Louis County Department of Public Health
2019 Novel Coronavirus (“COVID-19”)**

Advisory to Residents and Employers Regarding Holiday Weekend Activities

The St. Louis County Department of Public Health’s (“DPH”) ability to continue the business reopening process depends on members of our community following the recommended social distancing practices. Recent news reports indicate that many people, including those from the St. Louis region, did not follow any protective practices over the holiday weekend. Many members of the public and employers have asked how to ensure that people who do not follow social distancing practices do not spread COVID-19 to others when they return to St. Louis and to their workplace.

To protect the public health of the people of St. Louis County, DPH issues this travel advisory. This advisory applies to all of the following:

- **Were those you traveled with or spent time with while away from home within 6 feet of others during your trip?** *Being within 6 feet of others increases your chances of getting infected and infecting others. Did those individuals wear face coverings?*
- **Are you or those you were traveling with more likely to get very ill from COVID-19?** *Older adults and people of any age who have a serious underlying medical condition are at higher risk for severe illness from COVID-19.*
- **Do you live with someone who is more likely to get very ill from COVID-19?** *If you get infected while traveling you can spread COVID-19 to loved ones when you return, even if you don’t have symptoms.*
- **If you get sick with COVID-19, will you have to miss work?** *People with COVID-19 disease need to stay home until they are no longer considered infectious, for at least 14 days.*

Any person who has travelled and engaged in this behavior should self-quarantine for 14 days or until they receive a negative test result for COVID-19. As all current DPH guidance recommends that employers screen employees for health risks, employers should also consider adding a question related to recent travels and social distancing behaviors.